Sharp Chula Vista Nationally Recognized for Superior Energy Efficiency

Chula Vista, Calif. — Sharp Chula Vista Medical Center has received the United States Environmental Protection Agency's top energy honor, the Energy Star, for outstanding efficiency.

"We've made a lot of positive changes over the years," said Gary Rose, director of facilities and engineering.

"Energy efficiency is win-win because it reduces costs and emissions, as well as makes our hospital a cleaner, healthier place for patients."

Sharp Chula Vista is one of just eight California hospitals to ever receive the Energy Star and the only one this year. Buildings that earn the Energy Star use an average of 40 percent less energy than other buildings and release 35 percent less carbon dioxide into the atmosphere.

Sharp Chula Vista has implemented a number of changes over the last several years to earn the Energy Star, such as using light-emitting diode (LED) lighting in parking lots and obtaining a digital energy management system that regulates energy emissions from technology used throughout the hospital.

With these changes in place, Rose and his team continue to explore ways to make more. Through a partnership with San Diego Gas & Electric (SDG&E), the hospital participates in the Healthcare Energy Efficiency Program (HEEP), which identifies energy conservation measures and determines viability.

"It's our responsibility to be energy conscious," Rose said. "Earning the Energy Star demonstrates our commitment to continuously looking for ways to reduce our carbon footprint."

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